

## Review

# Targeting WNT, protein kinase B, and mitochondrial membrane integrity to foster cellular survival in the nervous system

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**Summary.** Targeting essential cellular pathways that determine neuronal and vascular survival can foster a successful therapeutic platform for the treatment of a wide variety of degenerative disorders in the central nervous system. In particular, oxidative cellular injury can precipitate several nervous system disorders that may either be acute in nature, such as during cerebral ischemia, or more progressive and chronic, such as during Alzheimer disease. Apoptotic injury in the brain proceeds through two distinct pathways that ultimately result in the early externalization of membrane phosphatidylserine (PS) residues and the late induction of genomic DNA fragmentation. Degradation of DNA may acutely impact cellular survival, while the exposure of membrane PS residues can lead to microglial phagocytosis of viable cells, cellular inflammation, and thrombosis in the vascular system. Through either independent or common pathways, the Wingless/Wnt pathway and the serine-threonine kinase Akt serve central roles in the maintenance of cellular integrity and the prevention of the phagocytic disposal of cells "tagged" by PS exposure. By selectively governing the activity of specific downstream substrates that include GSK-3 $\beta$ , Bad, and  $\beta$ -catenin, Wnt and Akt serve to foster neuronal and vascular survival and block the induction of programmed cell death. Novel to Akt is its capacity to protect cells from phagocytosis through the direct modulation of membrane PS exposure. Intimately linked to the activation of Wnt signaling and Akt is the maintenance of mitochondrial membrane potential and the regulation of Bcl-x<sub>L</sub>, mitochondrial energy metabolism, and cytochrome c release that can lead to specific cysteine protease activation.

**Key words:** Akt, Apoptosis, Oxidative Stress, Phosphatidylserine, Wingless

### Oxidative stress as a precipitant of neuronal and vascular injury

Cellular injury in either neurons or cerebral endothelial cells (ECs) can occur through a variety of insults. In particular, oxidative stress through the generation of free radicals has been established as an important pathological component of several central nervous system disorders, such as Alzheimer disease and cerebral ischemia (Anderson et al., 2001; Maiese and Chong, 2003). Overproduction of reactive oxygen species (ROS) in cells leads to oxidative stress that ultimately results in cellular damage.

ROS consist of oxygen free radicals and similar agents that include superoxide free radicals, hydrogen peroxide, singlet oxygen, NO, and peroxynitrite. Oxygen free radicals are agents that contain unpaired electrons and function as electron acceptors to result in the oxidation of other molecules by accepting electrons. Superoxide radical, a product of an oxygen molecule with one additional electron, is an oxygen free radical that can lead to hydroxyl radical formation through hydrogen peroxide. Hydroxyl radicals are generated from hydrogen peroxide through the Haber-Weiss reaction in the presence of ferrous iron. Hydroxyl radicals also may be formed through a chemical reaction between the superoxide radical and nitric oxide (NO). NO interacts with the superoxide radical to yield peroxynitrite that generates a nitrosyl radical. Regeneration of hydroxyl radicals can then ensue, since nitrosyl radicals decompose to form hydroxyl radicals. Both NO and the peroxynitrite species are capable of leading to cell damage through cell membrane lipid destruction and cleavage of DNA (Vincent and Maiese,

1999b; Wang et al., 2003).

The brain is extremely sensitive to oxidative stress due to its enriched amount of unsaturated fatty acid, higher oxygen metabolic rate, and its weaker defense system against ROS. ROS lead to cell injury through a number of mechanisms, such as those involving the peroxidation of cellular membrane lipids (Siu and To, 2002), the cleavage of DNA during the hydroxylation of guanine and methylation of cytosine (Lee et al., 2002), and the oxidation of proteins that yield protein carbonyl derivatives and nitrotyrosine (Adams et al., 2001). Agents such as peroxyntrite also have been found to inhibit complex enzymes in the electron transport chain of the mitochondria resulting in the blockade of mitochondrial respiration (Yamamoto et al., 2002).

### **Early and late programs for apoptosis**

Apoptosis, also known as programmed cell death (PCD), has been suggested to be involved in cellular injury in neurodegenerative diseases (Luth et al., 2002). Both neuronal and vascular PCD proceeds through two distinct pathways that are functionally independent leading to DNA fragmentation and membrane phosphatidylserine (PS) exposure. DNA degradation may immediately alter cellular integrity (Jessel et al., 2002), while the exposure of membrane PS residues can lead to microglial phagocytosis of viable cells (Hoffmann et al., 2001; Chong et al., 2003c; Kang et al., 2003a,b). Exposure of membrane PS residues is believed to occur prior to a later phase of genomic DNA degradation (Denecker et al., 2000) and serves to identify injured cells for microglial phagocytosis of viable cells (Hoffmann et al., 2001; Chong et al., 2002b). In ECs, the exposure of membrane PS residues can play a more formidable role by resulting in cellular inflammation and thrombosis (Dombroski et al., 2000).

ROS can precipitate PCD in neurons and ECs through several cellular pathways. In neurons, ROS can destroy cellular DNA integrity and membrane PS asymmetry. Oxidative stress, such as NO or hydrogen peroxide, results in nuclei condensation and DNA fragmentation (Vincent and Maiese, 1999b; Goldshmit et al., 2001; Chong et al., 2003c; Pugazhenti et al., 2003). Externalization of membrane PS residues in neurons can occur during toxic insults from anoxia (Chong et al., 2002a), NO exposure (Chong et al., 2003c), or the administration of agents that induce the production of ROS, such as 6-hydroxydopamine (Salinas et al., 2003). ECs that are exposed to oxidative stress also suffer both DNA fragmentation and membrane PS externalization during exposure to specific toxins, such as hypoxia, oxidants, and free radicals (Aoki et al., 2001; Burlacu et al., 2001; Lin and Maiese, 2001; Chong et al., 2002a,b).

For effective therapeutic strategies, protection against PCD should be broad in nature by addressing the separate components of genomic DNA destruction and cellular membrane PS exposure. Current techniques now offer the ability to monitor the induction and change in

PS exposure in individual living cells that can determine whether early apoptotic exposure of PS is reversible (Vincent and Maiese, 1999a; Maiese and Vincent, 2000b). Several agents, such as benzothiazole compounds (Maiese and Vincent, 2000a; Maiese and Vincent, 2000b) and Bcl-2 (Fabisiak et al., 2000), can prevent the induction of membrane PS exposure. Yet, other agents such as erythropoietin (Choudhury, 1999; Chong et al., 2002a, 2003b), metabotropic glutamate receptor agonists (Vincent et al., 1999; Lin and Maiese, 2001), and nicotinamide (Lin et al., 2000; Maiese and Chong, 2003) have been shown to also reverse the onset of cellular membrane PS exposure and block further induction of the apoptotic cascade. For example, post-treatment strategies with erythropoietin demonstrate that neuronal and EC membrane PS exposure is reversible in nature, but resides in a fixed time frame. Within a 6 hour period post the onset of a toxic exposure, erythropoietin can modulate critical cellular pathways prior to the induction of cellular mechanisms that can destine a cell to enter a committed apoptotic pathway. This fixed time frame for protection by agents such as erythropoietin most likely coincides with the progressive induction of secondary cellular pathways during a 6 hour time span, such as cytochrome c release and cysteine protease induction (Uehara et al., 1999; Lin and Maiese, 2001; Chong et al., 2003c).

### **Winning the survival game through the Wingless/Wnt pathway**

The wingless/Wnt gene family encodes a group of secreted glycoproteins that play critical roles during embryonic development as well as tumorigenesis (Kawakami et al., 2001; Lustig and Behrens, 2003). Wnt proteins have been categorized into two groups named canonical and noncanonical which function through different signaling pathways. Canonical Wnts include Wnt-1, Wnt-3a, and Wnt-8 and function through  $\beta$ -catenin-dependent pathways. The noncanonical Wnts consist of Wnt-4, Wnt-5a, and Wnt-11 and function through non- $\beta$ -catenin-dependent pathways, such as the planar cell polarity pathway and the Wnt-calcium dependent pathway (Slusarski et al., 1997; Tada and Smith, 2000). Wnt-1 is the best-characterized member of Wnt family. Wnt-1 was first identified as a proto-oncogene in mammary carcinomas through induction of mouse mammary tumor virus. In addition to its role in mammary neoplasms, Wnt-1 plays a critical role in neuronal development (Tang et al., 2002).

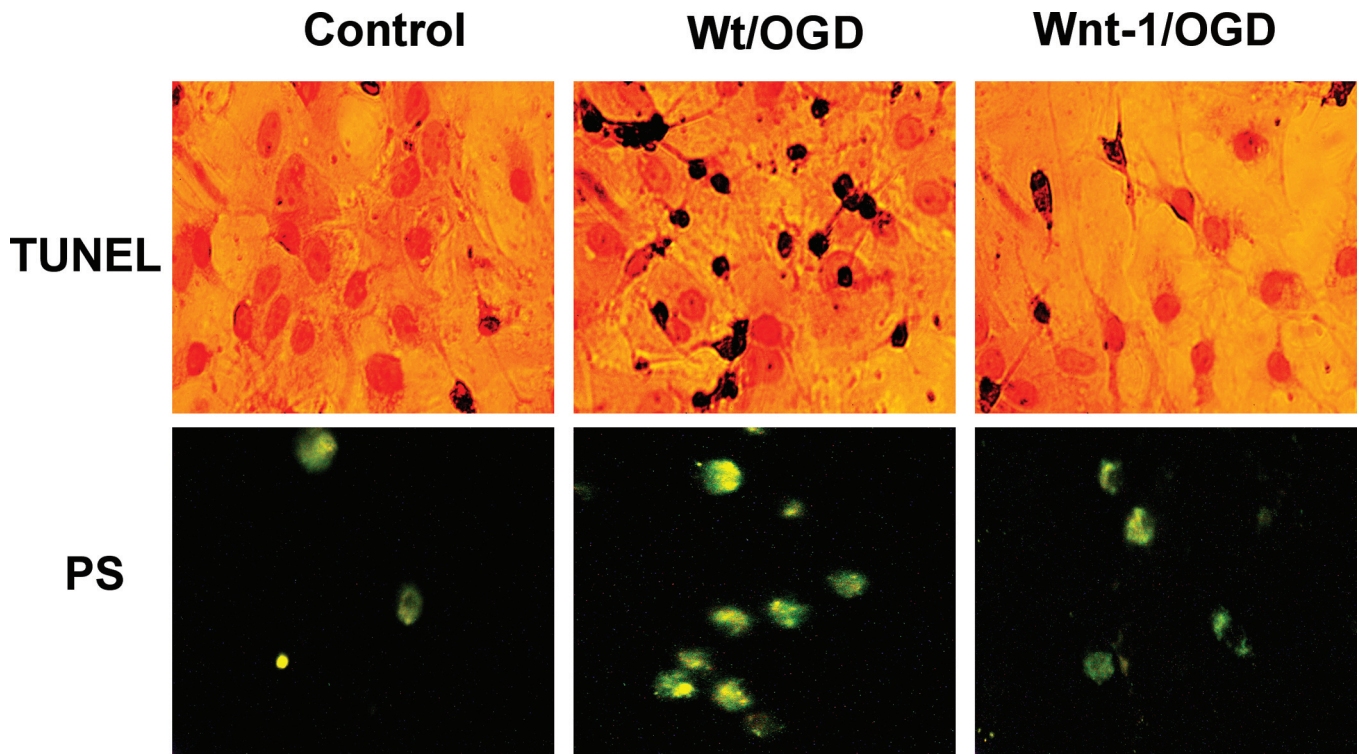
Interestingly, Wnt-1 signaling has been identified as one pathway that can prevent cellular apoptosis as well as lead to cell regeneration (Polesskaya et al., 2003). Wnt binds to the transmembrane receptor Frizzled and the co-receptor lipoprotein related protein 5 and 6 (LRP-5/6) (Wehrli et al., 2000) followed by recruitment of dishevelled, the cytoplasmic bridging molecule, to inhibit glycogen synthase kinase (GSK-3 $\beta$ ) (Ikeda et al., 1998; Papkoff and Aikawa, 1998). The inhibition of GSK-3 $\beta$

prevents phosphorylation of  $\beta$ -catenin and its degradation. The free  $\beta$ -catenin translocates to the nucleus where it activates lymphocyte enhancer factor (Lef) and T cell factor (Tcf) (Ishitani et al., 2003) leading to stimulation of Wnt – response genes. In some tumor cell lines, Wnt-1 prevents apoptosis through  $\beta$ -catenin/Tcf transcription mediated pathways (Chen et al., 2001; Rhee et al., 2002). Over-expression of exogenous Wnt-1 results in the protection of cells against c-Myc induced apoptosis through induction of  $\beta$ -catenin, cyclooxygenase-2, and Wnt-1 induced secreted protein (WISP-1) (You et al., 2002). In studies with chemotherapeutic agents, Wnt-1 signaling also can inhibit apoptosis through prevention of cytochrome c release from mitochondria and the subsequent inhibition of caspase 9 activation (Chen et al., 2001).

In the central nervous system, Wnt-1 also may function to prevent apoptosis during neuronal or vascular injury. Wnt-1 expression has been demonstrated in ECs (Wright et al., 1999) as well as in the brains of individuals affected by neuropsychiatric disorders (Miyaoaka et al., 1999). More recent studies suggest that Wnt signaling may foster specific protection against

cellular destruction and inflammatory injury by maintaining genomic DNA integrity and cellular membrane PS asymmetry. Our current studies illustrate that Wnt-1 transfection in primary hippocampal neurons protects cells against oxygen-glucose deprivation (OGD) resulting in an increase in cell survival and a decrease in percent PS exposure and DNA fragmentation following OGD exposure (Fig. 1).

Consistent with the cytoprotective potential of Wnt signaling, absence or dysfunction in Wnt signaling can precipitate neurodegeneration. The disorder retinitis pigmentosa leads to a progressive apoptotic loss of photoreceptors that has been associated with disruptions in Wnt signaling and excess secretion of Frizzled-related protein-2, suggesting that impairments in the Wnt signaling pathway may be involved in retinal neurodegeneration (Jones et al., 2000). Loss of Wnt signaling also appears to play a role in more widespread neurodegenerative disorders, such as Alzheimer disease. Neurotoxicity of  $\beta$ -amyloid deposition of the 39-42 amino acid peptide ( $A\beta$ ) in hippocampal neurons during Alzheimer disease has been linked to increased levels of GSK-3 $\beta$  and loss of  $\beta$ -catenin. Decreased production of



**Fig. 1.** Wnt-1 maintains genomic DNA integrity and membrane phosphatidylserine (PS) asymmetry during oxygen-glucose deprivation (OGD). Representative images illustrate DNA fragmentation with terminal deoxynucleotidyl transferase nick end labeling (TUNEL) and phosphatidylserine (PS) exposure with annexin V phycoerythrin labeling in wildtype (Wt/OGD) and Wnt-1 transfected (Wnt-1/OGD) hippocampal neurons 24 hours following exposure to OGD. OGD was performed by replacing media with glucose-free HBSS containing 116 mM NaCl, 5.4 mM KCl, 0.8 mM MgSO<sub>4</sub>, 1mM NaH<sub>2</sub>PO<sub>4</sub>, 0.9 mM CaCl<sub>2</sub>, and 10 mg/L phenol red (pH 7.4) and cultures were maintained in an anoxic environment (95% N<sub>2</sub> and 5% CO<sub>2</sub>) at 37 °C for 3 hours. OGD induced DNA fragmentation and membrane PS exposure in wildtype cells (Wt/NO) while there was no injury present in Wnt-1 transfected cells.

A $\beta$  can occur during the enhancement of protein kinase C (PKC) activity (Savage et al., 1998) which may be controlled by the Wnt pathway (Garrido et al., 2002). Furthermore, the proteolytic processing of the beta-amyloid precursor protein (APP) during Alzheimer disease has been closely linked to the Wnt pathway through at least two distinct mechanisms. Presenilin 1 (PS1) is required for the proteolytic processing of APP that can play a pivotal role in the development of Alzheimer disease. PS1 has been shown to down-regulate Wnt signaling and interact with beta-catenin to promote its turnover (Soriano et al., 2001). In addition, dishevelled, a downstream transducer of Wnt signaling, can promote non-amyloidogenic alpha-secretase cleavage of APP to yield secreted APP (sAPP) and inhibit GSK-3 $\beta$  to reduce the phosphorylation of tau. Thus, dishevelled may increase neuronal protection during neurodegenerative disorders through sAPP production and reduction in tau phosphorylation (Mudher et al., 2001).

#### **Akt can function solo or partner with Wnt to prevent cellular injury**

One potential pathway that may be central for fostering cellular integrity and survival in the central nervous system involves protein kinase B, also referred to as PKB $\alpha$  or Akt after the oncogene *v-Akt*. Akt is phosphorylated and activated through the phosphoinositide 3 kinase (PI 3-K) pathway. Once recruited to the plasma membrane, PI 3-K phosphorylates glycerophospholipid phosphatidylinositol 4,5-bisphosphate and yields phosphatidylinositol 3,4 bisphosphate (PIP2) and phosphatidylinositol 3,4,5 trisphosphate (PIP3). In the cytosol, Akt translocates to the cell membrane as a result of its binding to PIP2 and PIP3 and subsequently becomes activated through phosphorylation by phosphoinositide-dependent kinase 1 (Wick et al., 2000).

Increased activity of Akt can provide protection against neuronal and vascular injury. Maximal activity of Akt is achieved through phosphorylation by phosphoinositide-dependent kinase 1 at Ser<sup>473</sup> to confer protection against genomic DNA degradation (Yamaguchi et al., 2001; Chong et al., 2002a; Wick et al., 2002) and membrane PS exposure (Chong et al., 2002a, 2003c; Kang et al., 2003). During oxidative stress, such as injuries involving excitotoxicity (Kim et al., 2002), free radical exposure (Matsuzaki et al., 1999; Chong et al., 2003c), hypoxia (Chong et al., 2002a), or trauma (Murashov et al., 2001), phosphorylation of Akt is enhanced.

This protection against apoptotic injury by Akt may be dependent upon the activity of several substrates, such as Bad, caspase 9, I $\kappa$ B kinase  $\gamma$ , the forkhead transcription factor (FOXO3a, FHKRL1), and GSK-3 $\beta$ . For example, phosphorylation of Bad leads to the binding of Bad with the cytosolic protein 14-3-3 to release Bcl-xL and allow it to block apoptosis (Masters

et al., 2001). As a substrate of Akt, the Forkhead transcription factor also modulates survival in a variety of cell systems (Brunet et al., 1999; Shin et al., 2001; Dijkers et al., 2002). Inhibitory phosphorylation of FOXO3a may prevent apoptosis through several mechanisms, such as blocking FOXO3a transcription during its association with 14-3-3 protein (Brunet et al., 1999), regulating the induction of the cell cycle (Kops et al., 2002), or through the modulation of mitochondrial membrane depolarization and cytochrome c release (Dijkers et al., 2002).

Beyond its independent role to prevent cellular apoptosis, Akt may be required for the Wnt-1 pathway to promote cellular differentiation and survival. As previously described, Wnt-1 can inactivate GSK-3 $\beta$  and block the phosphorylation of  $\beta$ -catenin (Ikeda et al., 1998; Papkoff and Aikawa, 1998). This leads to the activation of  $\beta$ -catenin followed by transcription of its target genes for cellular protection. Akt may be necessary in pathways that involve Wnt-1, since Akt inhibits the activity of GSK-3 $\beta$  through phosphorylation of this protein to promote cell survival (Crowder and Freeman, 2000). Furthermore, neuronal cell differentiation that is dependent upon Wnt signaling appears to become stalled without Akt phosphorylation and the subsequent inactivation of GSK-3 $\beta$  (Fukumoto et al., 2001). In addition, Wnt has been demonstrated through WISP-1 to activate the anti-apoptotic signaling pathway of Akt following genomic DNA damage (Su et al., 2002) and to block cell injury during serum withdrawal through increased Akt phosphorylation and activity (Longo et al., 2002).

#### **Akt offers novel protection against microglial activation and proliferation**

Akt also may offer a unique level of cellular protection by modulating membrane PS exposure and microglial activation. Although usually maintained in a quiescent state, microglia can become activated during a variety of pathological insults. Activated microglia may lead to cellular damage through the generation of NO and associated ROS products (Sankarapandi et al., 1998). The secretion of cytokines by microglia also may represent another source of cytotoxicity for this cell population. Microglia produce a variety of cytokines in response to toxic stimulation, such as interleukins and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ). TNF- $\alpha$  production by microglia may be linked to neurodegeneration by increasing the sensitivity of neurons to free radical exposure. For example, A $\beta$  induced microglial secretion of TNF- $\alpha$  during A $\beta$  deposition lead to the neuronal expression of inducible NOS, peroxynitrite production, and neuronal apoptosis (Combs et al., 2001).

Once activated, microglia function to remove cellular debris and apoptotic cells through phagocytosis. A recent body of investigations have elucidated several potential mechanisms that may regulate the phagocytosis of cells that have entered the apoptotic pathway. Some

studies point to the generation of annexin I and membrane PS exposure that appears to be necessary to tether an apoptotic cell with a phagocyte (Arur et al., 2003). Secreted factors by either apoptotic or phagocytic cells, such as milk fat globule EGF factor 8 (Hanayama et al., 2002), fractalkine (Hatori et al., 2002), and lipid lysophosphatidylcholine (Lauber et al., 2003) also have been shown to assist with the phagocytic removal of injured cells.

Yet, a common denominator that appears to be critical for the removal of apoptotic cells by phagocytic sentries is the translocation of membrane PS residues from the inner cellular membrane to the outer surface (Maiese and Vincent, 2000b; Fadok et al., 2001; Kang et al., 2003). In cells that are without injury, the phospholipids of the plasma membrane are distributed asymmetrically with the outer leaflet of the plasma membrane consisting primarily of choline-containing lipids, such as phosphatidylcholine and sphingomyelin, and the inner leaflets consisting of aminophospholipids that include phosphatidylethanolamine and PS. The disruption of membrane phospholipid asymmetry leads to the externalization of membrane PS residues and serves to identify cells for phagocytosis (Hoffmann et al., 2001; Chong et al., 2003d; Kang et al., 2003; Maiese and Chong, 2003). Under some circumstances, translocation of PS residues may be associated with energy depletion during cellular injury. Membrane PS residues can appear on the external leaflet as a result of reduced aminophospholipid translocase activity (Gleiss et al., 2002) and activation of a phospholipid scramblase that may be calcium independent (Williamson et al., 2001). Maintenance of PS on the inner leaflet of the cell membrane is through the activity of a 120-Da magnesium-dependent ATPase. This ATPase-dependent activity is lost during apoptosis. As a result, the inhibition of the ATP-dependent aminophospholipid translocase during cellular injury can play a significant role in PS externalization (Goldshmit et al., 2001).

Interestingly, Akt can modulate the spatial regulation of actin assembly, suggesting a relationship between Akt and the coordination of cytoskeletal organization (Lemmon et al., 2002). Furthermore, through a series of investigations, Akt has recently been shown to be a necessary component for the modulation of membrane PS externalization and prevent microglial activation (Kang et al., 2003a,b). Initially, microglial activation and proliferation have been shown to occur during oxidative stress that includes free radical exposure (Chong et al., 2003c). In addition, through the use of an antibody to the PS receptor, it has been demonstrated that membrane PS residue exposure is both necessary and sufficient to induce microglial activation and proliferation (Chong et al., 2003c; Kang, 2003; Kang et al., 2003). Furthermore, media taken from cells that overexpress active, phosphorylated Akt during cellular injury leads to a significant reduction in microglial activation and proliferation (Kang et al., 2003a,b). Taken together, this series of studies illustrate that Akt can directly modulate

microglial activation and proliferation through the modulation of membrane PS exposure on cells and conceivably prevent the shedding of membrane PS residues that is known to occur during apoptosis (Simak et al., 2002).

### **Mitochondrial membrane potential ( $\Delta\Psi_m$ ) becomes critical for cell survival**

In both neuronal and vascular populations, maintenance of cellular integrity during toxic insults, such as oxidative stress, is unlikely to be determined by only one or two principal mechanisms. More often, preservation of cellular survival requires the intricate association of a series of cellular pathways. One pathway in particular that is closely linked to the activation of Wnt signaling and Akt is the maintenance of mitochondrial membrane potential ( $\Delta\Psi_m$ ). For example, Wnt can prevent the induction of PCD during c-Myc activation (You et al., 2002) and p53-dependent cell death (Su et al., 2002) by inhibiting mitochondrial release of cytochrome c. Similar to Wnt, Akt activation has been shown to be necessary and sufficient to inhibit the release of cytochrome c from mitochondria (Kennedy et al., 1999; Kang et al., 2003b).

Mitochondria are a significant source of superoxide radicals and other ROS that are associated with oxidative stress. Although amino acid biosynthesis, fatty acid oxidation, and steroid metabolism are vital functions of mitochondria, production of ATP through the electron transport chain is considered to be the most critical of mitochondrial functions. Blockade of the electron transfer chain at the flavin mononucleotide group of complex I (NADPH ubiquinone oxidoreductase) or at ubiquinone site of complex III (ubiquinone-cytochrome c reductase) results in the active generation of ROS (Turrens et al., 1985; Liu et al., 2002). Once generated, ROS further impair mitochondrial electron transport and enhance ROS production.

Loss of  $\Delta\Psi_m$  through the opening of the mitochondrial permeability transition pore represents a significant determinant for cell injury and the subsequent induction of the apoptotic cascade (Bal-Price and Brown, 2000; Lin et al., 2000; Chong et al., 2003b). Oxidative stress through ROS generation leads to the opening of the mitochondrial permeability transition pore and the release of cytochrome c into the cytosol (Maciel et al., 2001). The pro-apoptotic member Bax has been demonstrated to increase the production of ROS from mitochondria and precipitate the release of cytochrome c (Kirkland et al., 2002). Once Bax is translocated to mitochondrial membrane from cytosol, it undergoes conformational alteration resulting in its insertion into the mitochondrial membrane to facilitate cytochrome c release. Bax forms clusters with the formation of Bax multimers that appear to be a prerequisite for cytochrome c release (De Giorgi et al., 2002). Subsequent release of cytochrome c results in the oligomerization of apoptotic protease activating factor-1

(Apaf-1) and promotes the allosteric activation of caspase 9 by forming the Apaf-1 apoptosome (Li et al., 1997). Caspase 9 can subsequently activate caspase 3 (Li et al., 1997) as well as caspase 1 through the intermediary caspase 8 (Takahashi et al., 1999). Together, caspase 1 and caspase 3 lead to both DNA fragmentation and membrane PS exposure (Li et al., 1997; Maiese and Vincent, 2000b; Chong et al., 2002a).

### **Controlling cytochrome c release directly through mitochondrial membrane pore formation**

A number of pathways may assist in preserving cell survival and integrity through the modulation of  $\Delta\Psi_m$  and the release of cytochrome c during oxidative stress. The Bcl-2 family is one group of proteins that can regulate apoptosis through the modulation of mitochondrial homeostasis. Several Bcl-2 family members have been identified and are functionally categorized into two groups that contain anti-apoptotic protein members (Bcl-2, Bcl-x<sub>L</sub>) and pro-apoptotic protein members (Bax, Bad, Bak, Mcl-2). The balance between anti-apoptotic and pro-apoptotic Bcl-2 family members can be critical in determining fate of a cell. Bcl-2 and Bcl-x<sub>L</sub> are localized on the outer mitochondrial membrane, the nuclear envelope, and the endoplasmic reticulum (Krajewski et al., 1993; Hsu et al., 1997). These proteins block apoptosis by preventing mitochondrial cytochrome c release. This process occurs through the modulation of intracellular calcium and the regulation of intracellular pH (Ishaque and Al-Rubeai, 1998). In contrast, the pro-apoptotic member Bax oligomerizes after release from binding to Bcl-2 and then inserts itself into the mitochondrial membrane to trigger cytochrome c release (Eskes et al., 2000).

Trophic factors that have recently been shown to have application in the central nervous system, such as erythropoietin, may modulate the release of cytochrome c directly or through the regulation of the Bcl-2 family member Bcl-x<sub>L</sub>. At least in erythroid cells, the Bcl-2 member Bcl-x<sub>L</sub> has been shown to be strongly expressed and necessary for erythropoietin to prevent apoptosis in the later stages of erythroid progenitor cell life (Gregoli and Bondurant, 1997). In neurons, Bcl-x<sub>L</sub> has been shown to be strongly expressed during erythropoietin administration (Wen et al., 2002). In addition, erythropoietin may require Bcl-x<sub>L</sub> expression for cytoprotection, since without erythropoietin, Bcl-x<sub>L</sub> is not expressed and apoptotic cell death results in hematopoietic cells (Silva et al., 1996). More recent work in cerebral vascular cell populations illustrate that up-regulation of Bcl-x<sub>L</sub> by erythropoietin may be necessary for the prevention of PCD (Chong et al., 2003b).

It is also conceivable that the stabilization of cellular energy metabolism may be an important factor to modulate mitochondrial membrane pore formation, since the maintenance of mitochondrial membrane potential is an ATP facilitated process (Lemeshko and Lemeshko,

2000). Studies with nicotinamide, a precursor for the coenzyme  $\beta$ -nicotinamide adenine dinucleotide (NAD<sup>+</sup>) and an agent that prevents NAD<sup>+</sup> depletion (Klaidman et al., 2001), appear to support such a premise. Nicotinamide can act directly at the level of mitochondrial membrane pore formation to prevent cytochrome c release (Maiese et al., 2001; Chong et al., 2002b; Maiese and Chong, 2003). Nicotinamide is able to reverse mitochondrial membrane depolarization during the induction of mitochondrial permeability transition pore formation by the agents tert-butylhydroperoxide, an oxidative inducer of mitochondrial membrane permeability that impairs mitochondrial ATP synthesis (Imberti et al., 1993), and during the administration of atractyloside, an agent that binds to the mitochondrial adenosine nucleotide translocator to elicit pore formation (Brown et al., 1997).

Both Wnt signaling and Akt also play vital roles in maintaining mitochondrial membrane integrity to prevent the induction of apoptotic pathways. In addition to work illustrating that Wnt can prevent mitochondrial release of cytochrome c (Su et al., 2002; You et al., 2002), several investigations demonstrate that Akt blocks cysteine protease activity through the modulation of mitochondrial membrane potential and cytochrome c release. Akt may control mitochondrial release through the modulation of Bad. Bad is thought to induce apoptosis via the formation of heterodimers with Bcl-x<sub>L</sub> resulting in the displacement and release of Bax from the binding with Bcl-x<sub>L</sub>. Bax can then translocate to the mitochondria where it promotes cytochrome c release. Akt phosphorylates Bad, inhibits Bax conformational change, and blocks the translocation of Bax to the mitochondria preventing cytochrome c release and apoptosis (Yamaguchi et al., 2001). Alternatively, Akt may act directly at the level of the mitochondrial membrane and alter mitochondrial pore formation through pathways that are independent from Bcl-x<sub>L</sub>. In some cell systems, Akt appears to rely on the maintenance of  $\Delta\Psi_m$  to a greater degree than Bcl-x<sub>L</sub> to maintain cell survival and prevent cell injury (Plas et al., 2001). Additional work suggests that Akt prevents apoptotic injury through the direct modulation of the inner mitochondrial membrane potential (Dijkers et al., 2002), since Akt is ineffective in fostering cell survival during the direct application of cytochrome c (Kennedy et al., 1999). Investigations that have employed neuronal or EC clones to either overexpress the myristoylated (active) form of Akt or a dominant-negative Akt mutant that lacked kinase activity further support the premise that Akt directly maintains mitochondrial membrane potential and prevents the release of cytochrome c during oxidative stress injury (Chong et al., 2003a; Kang et al., 2003a,b).

### **Conclusion**

Interest in cellular mechanisms that modulate neuronal and vascular survival in the central nervous

## Wnt, Akt, and neurovascular plasticity

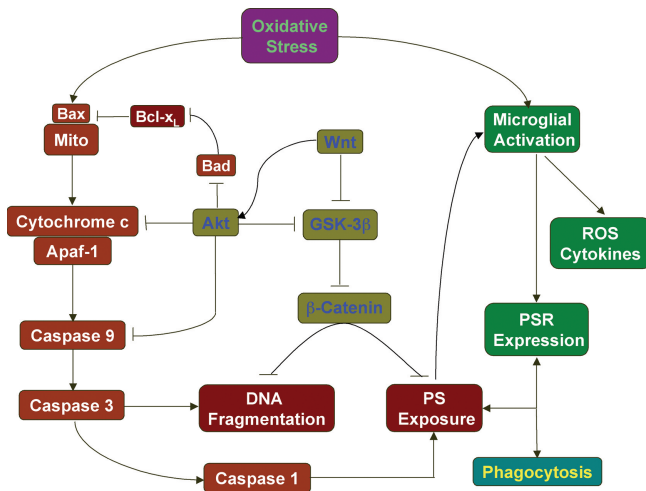
system continues to gain significant attention. Knowledge of the cellular elements that not only precipitate cellular injury, but also foster cellular integrity becomes essential for future development of therapeutic strategies against neurodegenerative disorders (Fig. 2). Neuronal and vascular apoptotic injury proceeds through two independent pathways that consist of the early externalization of membrane PS residues and the later destruction of genomic DNA. In neurons, exposure of membrane PS residues primarily serves to identify injured cells for microglial phagocytosis. In ECs, externalization of membrane PS residues promotes cell demise through additional pathways that involve cellular inflammation and thrombosis. Pivotal to the modulation of cellular integrity and phagocytic disposal of injured cells are the signaling pathways of the proto-oncogene Wnt and the serine-threonine kinase Akt. Through either distinct or common pathways, Wnt and Akt act upon downstream substrates, such as GSK-3 $\beta$ , Bad, and WISP-1 to block the induction of apoptotic cellular injury. Novel to the Akt pathway is the ability of Akt to protect cells from inflammatory injury and phagocytic removal through the

direct modulation of cellular membrane PS externalization. One particular pathway that is closely tied to the protective capacities of both Wnt and Akt is the maintenance of  $\Delta\Psi_m$  and the central modulation of Bcl-x<sub>L</sub>, mitochondrial energy reserves, and cytochrome c release. By elucidating and targeting the critical elements that govern neuronal and vascular survival, we can eventually foster successful clinical applications for the treatment of degenerative disorders in the central nervous system.

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**Fig. 2.** Cellular modulators of degenerative disease in the central nervous system. Apoptotic injury in either neuronal or vascular cells proceeds through two independent pathways that ultimately result in the early externalization of membrane phosphatidylserine (PS) residues and the late induction of genomic DNA fragmentation. Externalization of membrane PS residues can precipitate microglial activation, the phagocytosis of injured cells, and thrombosis in the vascular system. Essential to the maintenance of genomic DNA integrity are the signaling pathways of the proto-oncogene Wnt and the serine-threonine kinase Akt. Through either distinct or common pathways, Wnt and Akt act upon downstream substrates, such as GSK-3 $\beta$ , Bad, and b-catenin to block the induction of programmed cell death. Unique to Akt is its ability to prevent phagocytosis of cells through the direct modulation of cellular membrane PS externalization. Closely tied to the protective capacities of both Wnt and Akt is the maintenance of  $\Delta\Psi_m$  and the central modulation of Bcl-x<sub>L</sub>, mitochondrial energy reserves, and cytochrome c release that can lead to specific cysteine protease activation of caspase 1, 3, and 9.

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